



AIM Coordinator (tw-c)  
U.S. Coast Guard Academy  
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860-444-8503 (phone)  
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[www.uscga.edu](http://www.uscga.edu)  
[AIM@uscga.edu](mailto:AIM@uscga.edu)

\*For EXACT dates, visit  
<https://www.uscga.edu/aim/>

## Planning Checklist

- Register for the session of your choice (beginning of May)- first come, first serve basis
- Submit scholarship application form (middle of May)- if financial need exists
- Make payment of \$750.00 (end of May)
- Obtain a personal copy of your Medical Insurance Card
- Obtain a personal copy of your COVID-19 Vaccination Card
- Download, complete and email forms to [AIM@uscga.edu](mailto:AIM@uscga.edu) (middle of June)
  - Medical Release and Emergency Contact (Physician signature and office stamp required)
  - Copy of COVID-19 Vaccination Card
  - Copy of Medical Insurance Card
  - [Travel Survey](#) - linked here and will also be sent via email
  - Image Release

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## Packing Checklist

### Clothing

- (5) Short sleeve, loose fitting plain T-shirts (Dark Navy). Appropriate athletic symbols (Nike Swoosh, Adidas or Under Armor) are authorized.
- (3) Pairs of loose fitting athletic shorts (**Long enough that undergarments or compression shorts are not visible.**)
- (2) Pairs of compressions shorts (optional)
- (7-10) Pairs of underwear
- (7-10) Pairs of white athletic socks
- (1) Swimsuit - **Women:** one-piece  
**Men:** no speedos
- (1) Broken-in running shoes
- (1) Shower shoes or flip flops
- (1) Sweatshirt (optional)
- (1) Sweatpants (optional)
- (1 or 2) Towels
- Washclothes (optional)
- Pajamas/Sleepwear

### Supplies and Forms

- One set of twin sheets (regular length) with pillow case, blanket or sleeping bag.  
**CGA will only provide a pillow.**
- Toiletry articles and Toiletry Bag
- Glasses, contacts/solution, and spares (as needed)
- Prescription medication & physician's letter
- (1) Sunscreen SPF 30+
- Wristwatch (optional) - Note: Smart Watches are NOT permitted
- Combination lock or padlock for luggage (optional)
- Journal, religious devotional, book (optional - limit of 3 total)
- Medical Insurance Card
- COVID-19 Vaccination Card
- Military ID (if eligible to carry)
- Spare copies of AIM enrollment forms